



## FORM TO HELP YOU WRITE YOUR TESTIMONY OF FAITH

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### HOW TO TELL YOUR STORY

#### **Introduction / My Story**

I was catching up with a friend—a former coworker from a few years back—one day, when he asked me what I was up to these days. I explained that I was now helping people understand the connection between their work and life values. He then asked me about my life values and whether I went to church too. The question was an open invitation to talk about my experience of God, so I told him my story. Fortunately, that was pretty easy since I had just written out my own personal testimony of faith some weeks before.

#### **Telling Your Story**

You've probably been in similar situations. Although sharing your faith story should be pretty simple, it's not. Since we're not doing it so often, we sometimes don't know where to start or how to tell it. But it shouldn't be that way! You were there when it happened after all, so it shouldn't be more difficult than telling someone about a movie you saw last month.

#### **How to prepare your story to tell others**

You can tell your story better if you do a little bit of preparation. Peter wrote that we should *"always be prepared to give an answer to anyone who asks you to give the reason for the hope that you have"* ([1 Peter 3:15](#)). The "reason" for your hope of course is Jesus and what he has done in your life. And so we need to be ready to share our story when the chance comes up.

This might seem difficult, but it's not. At the God&Work ministry, we want to help you tell your story, so that the next time you have a chance to share it with a coworker, it will flow easily and naturally. To do this, we will use a simple set of questions to bring out the details of your testimony, and then we'll work it into a document for you to review.

Sound good? Then start by reading through the questions below to think about your testimony. After you've read through them, set aside 30 minutes to answer the reflective questions and then fill in the blanks with your thoughts. Following the blank form, we've included a sample set of answers and resulting testimony – from our founder Roland Heersink – to help you see how easy this can be.

Be blessed!

P.S. in order for us to help you, we encourage you to use our online form – scan the QR code or just visit [www.GodandWork.org/testimony](http://www.GodandWork.org/testimony)



## Building your Testimony of Faith

### SECTION 1: Before I received Christ, I lived and thought this way

1. What were your attitudes, needs, problems, world view?

2. What did your life revolve around? What was most important to you?

3. How did you look for security, peace of mind, happiness? What was your small god?

4. How did you find your activities unsatisfying?

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### SECTION 2: How I received Christ

1. When did you first hear the gospel? How? Or, when were you first exposed to the real Christian faith?

## Building your Testimony of Faith

2. What were your initial reactions to Jesus Christ?

3. When and why did you begin to feel positive about Christianity?

4. What was the turning point in your attitude?

5. What mental barriers did you face?

6. How did you pray to receive Christ? What was your prayer?

## Building your Testimony of Faith

### SECTION 3: After I received Christ, these changes took place

#### 1. What changes did you see in your life, actions, attitudes, problems?

*I became more relaxed (or tried to anyway!)*  
*I think (hope) that I became a more friendly guy*  
*I found myself caring more about others*  
*I even wanted to start helping others more*  
*The ideas of job position & money became less important*  
*I trusted God even more than before that all would be OKL*

#### 2. How long did it take before you noticed changes (honestly)?

*The process of change took about 5 years*  
*And it is still ongoing*

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## Building your Testimony of Faith

### SECTION 1: Before I received Christ, I lived and thought this way

#### 1. What were your attitudes, needs, problems, world view?

*I was pretty self-centered / selfish  
I wanted everything to go my way  
I didn't care much for other people  
I even thought Christians were a bit stupid*

#### 2. What did your life revolve around? What was most important to you?

*My work was my life  
I worked hard and did better than others  
I worked my way up the ladder  
I gained respect from others*

#### 3. How did you look for security, peace of mind, happiness? What was your small god?

*I found security in money - salary and bonuses  
My small god was a big house and a fast car, plus an attractive family  
Exotic travel with fancy hotels also important*

#### 4. How did you find your activities unsatisfying?

*Seemed like I could never get enough money  
I was busy and never slowed down because that was boring  
Then I realized you can't keep working hard forever  
Besides the company doesn't care about you anyway  
They will just replace you the day you leave*

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### SECTION 2: How I received Christ

#### 1. When did you first hear the gospel? How? Or, when were you first exposed to the real Christian faith?

*My father was a pastor  
I grew up hearing about Christianity from the beginning  
I had a bit of a jaded view of the faith, since my father was far from perfect*

#### 2. What were your initial reactions to Jesus Christ?

*I put Jesus in the back of my head, calling on him when I might need him  
It was more of a Sunday School / church-y kind of relationship  
I had heard about him but didn't really relate*

## Building your Testimony of Faith

### 3. When and why did you begin to feel positive about Christianity?

*One day, I moved away from from parents & family  
Then I decided to give church a chance  
So I found one for myself in my new town  
I met some nice people there  
I attended services regularly  
I even got involved in small group studies & other activities  
This made Jesus more real for me*

### 4. What was the turning point in your attitude?

*One day, I went to a small group meeting from my church  
The meeting was a another member's home  
Their house was small and they were much less well off than me  
I felt like "what am I doing here?" and "I am so much better than this"  
But...  
Then God spoke to me through his spirit  
Suddenly, I realized I was way off track with what God wanted  
I apologized and decided to change my heart  
(but didn't tell anyone, just myself)  
Then...  
I started looking differently at my life  
I saw other people fr who God made them  
And my view of the whole church thing changed also  
This is when I drew closer to God  
I then truly accepted Jesus as Savior for my life  
(I knew this before but didn't live this way)*

### 5. What mental barriers did you face?

*Me changing my life was not easy  
It took some years to shed my old self  
And then some more years to really develop as a true christian*

### 6. How did you pray to receive Christ? What was your prayer?

*I prayed that I would be forgiven for my pride  
That I might be made right with God  
That I might always see all people as created in God's image  
That I might serve God with my life, my talents, my gifts and my time*

## Building your Testimony of Faith

### SECTION 3: After I received Christ, these changes took place

#### 1. What changes did you see in your life, actions, attitudes, problems?

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*The process of change took about 5 years*  
*And it is still ongoing*

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# Building your Testimony of Faith

## Testimony of Faith / Sample Results

From the sample answers provided above, we produce the following Testimony of Faith:

### 30-second version

Although I grew up in a Christian home with a pastor for a dad, faith always felt distant. After moving away from home, I tried church again but sometimes felt better than others. One night, God's spirit confronted me, and I saw who I was really becoming. I asked for forgiveness and decided to make a change. Today, I am still a work in progress but try to live for God and help others each day.

### 1-minute version

My journey to faith was gradual, moving from a life focused on career and material success to something deeper. For years, work and promotions gave me a sense of control and security, yet I always felt a subtle restlessness. I grew up in a Christian home with a pastor as my dad, so faith was familiar but distant; I turned to Jesus only when convenient. After moving to a new town, I decided to try church again. There, I found genuine community and, through small group studies, started feeling something shift. One night, feeling out of place and even a bit superior, I sensed God's Spirit nudging me to confront my pride. That was my turning point. I prayed for forgiveness and a new heart. Since then, life has been a steady process of change, moving away from self-focus to seeing others as reflections of God's image. I'm grateful for this ongoing journey.

### 2-minute version

My journey to faith was a long one, moving from a life centered on my career and material success to something far more fulfilling. For years, I was all about work and getting ahead. Promotions, money, and the sense of control they brought made me feel secure—until I realized it was never enough. But inside, I was still somewhat restless, always looking for more.

I grew up in a Christian home with a pastor for a dad, so faith was always around me. But it felt distant, almost hollow, and I kept Jesus in the background, only turning to Him when convenient. When I moved to a new town, though, I decided to try church again. I found a place where people were genuine, and through small group studies and friendships, I started to feel something different.

One night at a small group meeting in a humble home, I felt out of place and even a bit superior. But just then, I felt God's Spirit nudging me, making me realize just how prideful I'd become. That was my turning point. I prayed, asking Jesus to forgive me, to help me see people as He does, and to give me a new heart.

Since then, life hasn't changed overnight, but it's been a steady process. I've become more relaxed, less concerned with my status, and more focused on others. Helping people and seeing them as reflections of God's image has become much more important. It's taken years, and I'm still growing, but I'm grateful for where this journey of faith has brought me—and for what lies ahead.